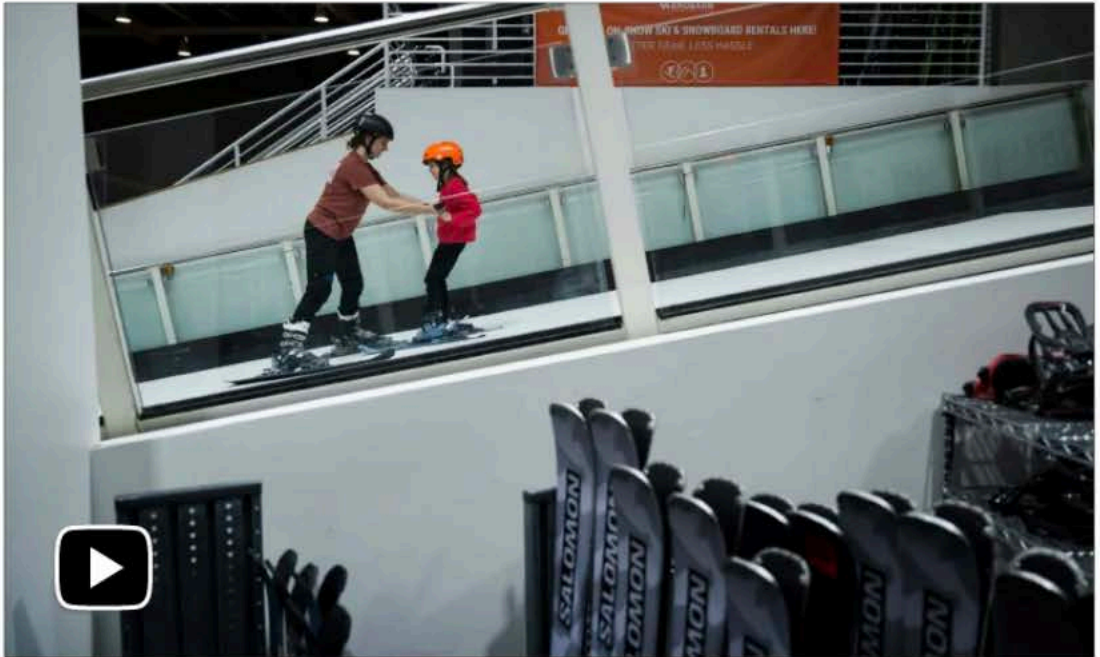


PIKES PICK

YOUTUBE CHANNEL OFFERS GOOD WORKOUTS

When I need a break from the gym, I turn to my new favorite workout channel on YouTube - Allblanc TV. After four fitness vloggers met at a fitness competition in 2016, they banded together to create workout routines set in different locales. - Jennifer Mulson



PHOTOS BY TIMOTHY HURST, THE GAZETTE

Training manager and instructor Mary Davis, helps first-time skier Quinn Leensvaart, 7, slowly descend down the artificial ski slope during a lesson on one of the three indoor slopes on Wednesday, Jan. 24, at SNÖBAHN Indoor Ski + Snowboard Center in Centennial.



SNÖBAHN training manager and instructor Mary Davis, left, adjusts the angle of first-time skier Quinn Leensvaart, 7, during a lesson.



ONLINE

For a video from SNÖBAHN, go to gazette.com

BY SETH BOSTER

CENTENNIAL - Sadler Merrill's first summer of skiing was 2016.

If you read that line and raised your eyebrow, your reaction was similar to those who observed Merrill's idea play out back then.

The idea was SNÖBAHN, an indoor facility for learning to ski and snowboard and refine technique. The concept was new to the Front Range

SEE SNÖBAHN PAGE

INSIDE TRACK

Skiing indoors? It's cool enough for another SNÖBAHN in Colorado

Visitation to state parks declines in 2023

FIELD NOTES



SETH BOSTER

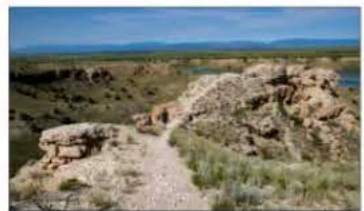
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Visitation to Colorado's state parks continues to dip after record years during the COVID-19 pandemic.

Colorado Parks and Wildlife reports 17.8 million people went to the parks in 2023. According to data provided, that's a 9% drop from the record year of 2020, when closer to 19.5 million visitors were counted across the parks. The data show about 19.3 million visited in

2021.

That surge came at a time when people flocked outdoors for fun and peace at a time of lockdowns, entertainment closures and changed work schedules. CPW noted a shift back to "normal" in 2022, when 18.1 million were tallied across the state parks.



CHRISTIAN MURDOCK, THE GAZETTE FILE

A hiker makes his way to the end of the trail at Arkansas Point for a view of Lake Pueblo below on July 22, 2021.

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